

St. John's LIP Newsletter September 2022

The St. John's Local Immigration Partnership is a broad-based partnership designed to support the well-being and participation of newcomers in all aspects of life in the city, as well as to strengthen the city's ability to integrate newcomer needs into municipal planning processes. The St. John's LIP is co-led by the City of St. John's and the Association for New Canadians and funded by Immigration, Refugees and Citizenship Canada.

In this Newsletter:

You will notice that there will be more links than usual, if bolded or in colour, it often means they are active and meant to be **clicked**. Evolving in our Post-Pandemic response to COVID-19, please be aware that workshops and webinars will, too.

#communitymatters #createcollaboratecare

Partners: News and Updates



ST. JOHN'S

LOCAL IMMIGRATION PARTNERSHIP

SAVE THE DATE!

My New St. John's LIVE ... Returns!

October 17th, 10am to 4pm at the St. John's Community Market

Hosting More Than 40+ organizations from Greater St. John's!

Get to know the people in our neighbourhood, network, and both create opportunities for newcomers, while minimizing gaps for those new to St. John's!

Haven't book your FREE booth for your organization yet to this FREE Event?

Email Stacy at sgardner@stjohns.ca

Programs & Initiatives

ANC Fundraising



As the ANC welcomes newcomers to the province, we need your support. As part of the ANC's Refugee Fund, the money raised through this campaign will be used to help

provide short-term financial support for families as well as to help deliver vital programs and initiatives that are essential to newcomer integration. More specifically, funds may be used to support women, children and youth, and other vulnerable individuals.

Visit our **website** to access our Third-Party Event Guide. It can help you with your planning and provide a starting point for activity ideas.

We are grateful to all the compassionate communities across Newfoundland & Labrador.

Call for Newcomer Artists

The Association for New Canadians and The Rooms have partnered to commission six newcomer artists to create work for a travelling exhibition. This exhibition aims to highlight the professional art practices of underrepresented migrant visual artists who now call Newfoundland and Labrador home.

Commissioned artists will be asked to create artwork that reflects or comments on injustice, immigration, marginalization, or anti-racism.

Proposals must be submitted to Rachel Gilbert, rgilbert@ancnl.ca, by September 16.

Visit!

Free evening English classes

The Association for New Canadians offers FREE evening English conversation classes to all newcomers. This is the perfect opportunity to practice English by speaking with others.

In-person classes are on Monday and Wednesday evenings from 7-9 p.m. at the ANC's ESL Training Centre 148 Elizabeth Avenue (off Smithville Crescent). Drop-ins are welcome. For more information, contact the ESL Training Centre: e-mail **linc@ancnl.ca** or phone 709-726-6848.

Seeking translators and interpreters

The Association for New Canadians is recruiting speakers of Swahili and Tigrinya as interpreters to facilitate the communication process for the new

immigrants.

To find out more about the next session, please contact malkahki@ancnl.ca

Employment Training Programs

The ANC is introducing three innovative programs free to any newcomer resident in Newfoundland and Labrador. All include training, mentorship opportunities and connections with representatives of their particular sectors. **Programs start in September. Space is limited, so apply soon!**

- 1. Build Your Future is open to those with skills and experience in construction trades who want to learn about those trades in NL. Participants will learn about construction-related professions, health and safety regulations, employment conditions, work environment and tools and programs. They will complete paid internships and be exposed to apprenticeship opportunities.
- 2. Agriculture Training is open to those seeking either employment on a farm or to start their own farming business. Program includes the basics of agriculture in NL; field, nursery and greenhouse farming; data keeping, reporting and regulations; retail and marketing of agricultural products; and tools and programs. Participants will complete paid internships.
- 3. The Newcomer Entrepreneurship Training Program is for any newcomer with new business ideas who wants to learn about entrepreneurship and new business creation. Over the course of program, participants will develop business ideas, conduct market research, and learn some of the fundamentals of conducting business in NL, including legal structures, bookkeeping, taxation, funding opportunities, and effective sales and marketing strategies.

Operation Afghan Safety - Private Sponsorship of Refugees

The Government of Canada and Immigration and Citizenship Canada (IRCC) is welcoming Afghans through a special humanitarian program for those nationals who are currently outside of Afghanistan.

In conjunction with IRCC, the ANC has capacity to help 25 Afghans immigrate to NL through this program.

The ANC invites the general public to reach out with their interest to

sponsor Afghans through this program. Sponsorship includes a one-year financial commitment along with the ability to help newcomers resettle in our province.

Eligibility under this program includes vulnerable Afghan nationals who identify as:

- LGBTI individuals
- Persecuted Religious Minorities
- Human Rights Defenders
- Women Leaders
- Journalists

For more information, please email psrancnl@gmail.com or call 709-552-8451.



A.C. Hunter Public Library



IN PERSON

Skills for Success Workshops

SEPTEMBER 13 6:30 PM TIME MANAGEMENT

SEPTEMBER 20 6:30PM MOTIVATION

SEPTEMBER 27 6:30PM STRESS MANAGEMENT

OCTOBER 4 6:30PM PROBLEM SOLVING

Join our friends from ABC Life Literacy Canada's Activate Learning program for these interactive workshops to improve your employability and life skills

Call 737-3950 to register or for more information.

Join ABC Life Literacy Canada for our Innovation Lab Webinar: Measuring Program Impact: How do we define success?

- · Date: Thursday, September 22nd at 2:30 pm NDT
- · What: Join ABC for a moderated discussion with guest speakers from the literacy sector as we explore the value of impact measurement and identify steps to help you define and monitor the success of your programs.
- · To register, click here



Building Key Skills in the Trades



Join our custom series designed in collaboration with Skilled Trades Professionals!

At each session, participants will...

- · Receive Certificates of Completion
- Have the chance to win a \$25 Gift Card!



www.abcactivatelearning.ca

Develop the skills needed for success in the workplace:



Collaboration
September 6



Communication
October 25



Spending Plans

December 6

6:30 to 8:00pm NDT

Scan to sign up!

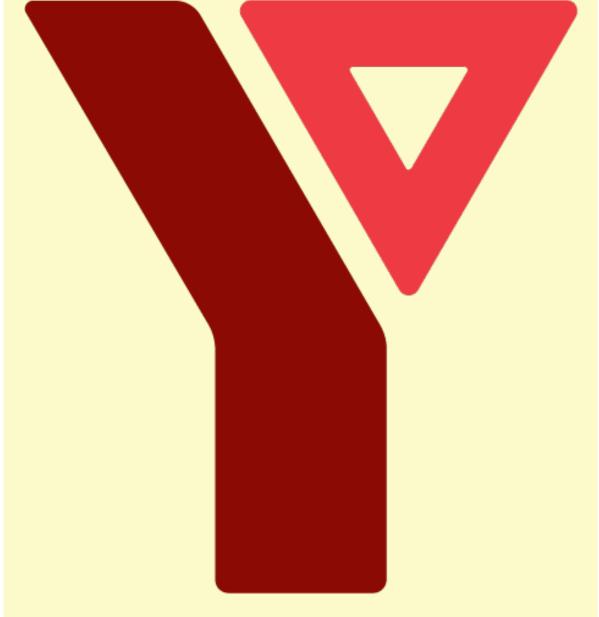




Or visit www.tinyurl.com/5f67k9cm



YMCA St. John's



The YMCA of Newfoundland and Labrador's **Y LEARN Program** is here for another school year! The YMCA is excited to support young newcomer entrepreneurs in the LEARN stream of NLESD schools in grades 7-12 across our province to identify gaps in their communities and build businesses to fill those gaps. All participating students have the opportunity to win prizes ranging from certificates, YMCA promotional prizes, and monetary prizes! If you are interested in participating, please reach out to our Enterprise Olympics Program Coordinator, Jess Rice, at **jess.rice@nl.ymca.ca** or 709-765-5303. Let's grow that entrepreneurial spirit together!



Are you new to Canada and looking to expand your network?



Join the **Instrumental Connections Program** and benefit from direct contact with people who are in the habit of making introductions and connecting others to opportunities. Through one-on-one meetings with Connectors who work in the music industry you will:

- Learn about the local music industry
- Enhance your networking skills
- Build a professional network
- Improve your job search

The Connector Program's innovation and effectiveness lies within three simple steps:

- 1) Local immigrant serving organizations and post-secondary career centers refer employment-ready participants (Connectees) to the program.
- 2) Program staff coach the Connectee and match them with a Connector in their field.
- 3) The Connector and Connectee meet face-to-face. After the meeting, the Connector links the participant to at least three other people in their business network. Those three people also refer three more people to the

Connectee.

Set up an appointment with Mariana today**mariana@musicnl.ca** | 709-754-2574 Ext 4

Funded by the Government of Canada

Financé par le gouvernement du Canada



"The Civic Literacy Youth Network will be an online pan-Canadian network of youth and young adults to discuss issues related to racial and religious discrimination. The network will include youth from urban and rural regions from across Canada as well as from different backgrounds (including Black, Indigenous and People of Colour, who are agnostic, Buddhist, Christian, humanist, Jewish, Muslim, and Sikh, among other religious, spiritual, and non-religious affiliations). By the end of the project, youth will have gained experience and analytical skills in structured dialogue and engagement with their peers, and have an understanding of civic religious literacy.

If you know of any youth or young adult who might be interested (grade 7 through university age), please feel free to pass on these websites and posters which have more details:

English website French website



Free Physical Activity Program for individuals with neuropsychiatric conditions

Hosted by Neuropsychiatric Patients Association



No proof of neuropsychiatric condition required. Examples of neuropsychiatric conditions are Concussions, Autism, Huntington's, Parkinson's and many others.

Each participant can bring a friend/family member/support person to also participate (free of charge)

For more info contact npanl@live.com or call/text 709-740-4794

Monday's

6:30-8:30PM The lantern (35 Barnes Road, St John's)

happening in the greater St. John's area and throughout the province!

All activities are either free or \$5 or less.

Looking for something to do with your friends/family after work or on the weekend? Look no further than our monthly community calendar!

There are events and activities for everyone- no matter your age or interests and you don't even have to have a neuropsychiatric condition for most activities! From meditation, to exercise, to arts and crafts, educational activities, support groups, and more. For example, learning a new skill is a great way to keep our brains (injured and non injured alike) in tip top shape!

These activities are great to promote neuroplasticity in individuals of ALL ages, but are particularly helpful for those with brain injury and other brainhealth-related conditions because they will encourage brain repair. Furthermore they are a fantastic way to keep your brain in top tip shape well into old age (if done on a regular basis)!

If you're wondering how often you would need to do these activities to reap the benefits, the answer is: as often as you can! More activities = more neuroplasticity!

Many events are being offered in person, virtually, or both! Some events require pre-registration so please ensure you read all details in the original event listings. Also note that some events are targeted to specific age groups or genders, so be sure to read all the details or contact the organization prior to an activity that you're interested in.

If you know of other free or low cost events that you would like to include in our calendar, please do let us know. Events from anywhere in Newfoundland and Labrador and welcome.

Here's the link to the Calendar

FACEBOOK

Keep checking back often at the link provided as updates will be made to the calendar on a frequent basis.

We are proud to offer residents of Newfoundland and Labrador a free exercise program we have for adults with neuropsychiatric conditions (which includes any form of brain/neurological injury). This program is meant to promote brain health since exercise stimulates the growth of new brain cells, improves focus and concentration, reduces inflammation, among MANY

Our program takes place on Monday evenings from 6:30-8:30pm at the Lantern (35 Barnes Road, St. John's).



Right Here, Right Now Drop-In Counselling

Free, accessible, trauma-informed counselling.

No appointment, referral or MCP needed.

In person, by phone or Zoom.

Tuesdays & Wednesdays

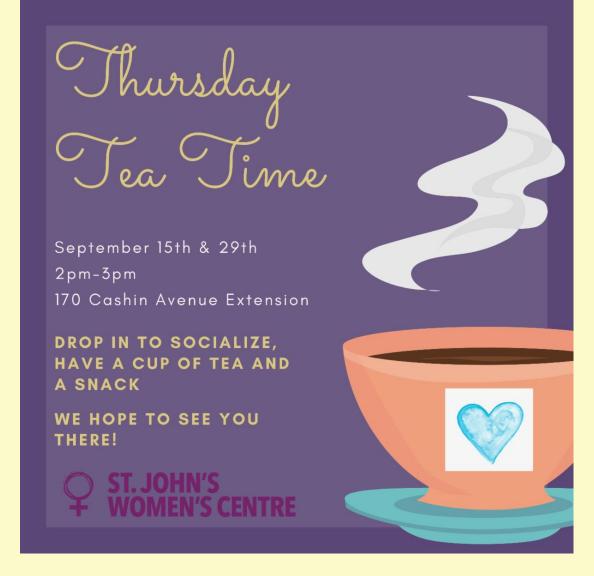
12:00 - 5:30pm

753-0220

170 Cashin Avenue Ext.

Sessions available after 5:30, call us to arrange.

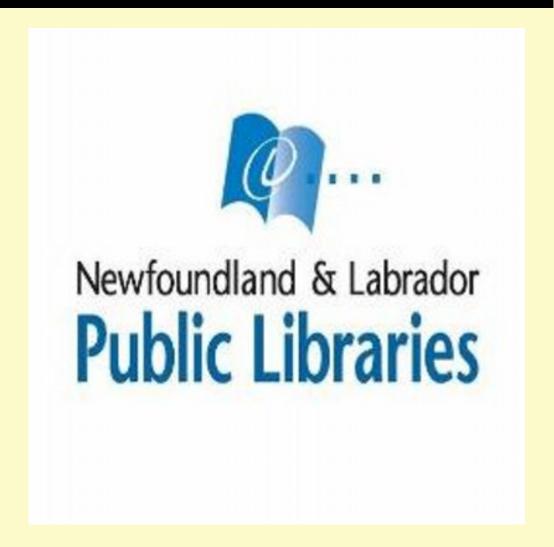




The Women's Centre (SJSWC) is dedicated to providing FREE community-based programs delivered within a safe, non-judgmental, open, and caring environment. All of our programs and services are person-centred and for women and non-binary people in and around St. John's

| Q | ST. JOHN'S WOMEN'S | All programs are fo | September 2022 | | | |
|-----|---|---|---|--|--|----------|
| SUN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY 1 Clothing Boutique 10:30sm-1pm 2pm-4pm Call to make appointment | FRIDAY 2 | SAT 3 |
| 4 | 5 No programs - Staff Development | 6 No programs - Staff Development | 7 No programs - Staff Development | 8 No programs - Staff Development | 9 No programs - Staff Development | 10 |
| 11 | 12 | 13 Left Talk: Setting Intentions & Mental Organization 10am-11am Right here, Right now Counselling 12pm-530pm Evening sessions available by appointment, please call ahead to book a stree. | 14 Right here, Right now Counselling 12pm-530pm Evening sessions available by appointment, please call ahead to book a time. | 15 Clothing Boutique 10:30am-1pm 2pm-4pm Call to make appointment Tea Time 2pm-3pm Drop ini | 16 | 17 |
| 18 | 19 | Right here, Right now Counselling 12pm-5:30pm Evening sessions available by appointment, please call ahead to book a time. Visit our booth at MUN's Celebrating Diversity event! 6:30-8:39pm @ The University Centre | 21 Right here, Right now Counselling 12pm-5:30pm Evening sessions available by appointment, please call ahead to book a time. | 22 Clothing Boutique 10:30em-1pm 2pm-4pm Call to make appointment | 23 | 24 |
| 25 | 26 | 27 Left Talk: TBA 10sm-11sm Right here, Right now Counselling 12pm-5:30pm Evening sessions available by appointment, please call ahead to book a sme. | 28 Right bere, Right now Counselling 12pm-5:30pm Evening sessions available by appointment, please call ahead to book a time. | 29 Clething Boutique 10:30em-1pm 2pm-4pm Call to make appointment Tea Time & Movie 2pm-3:30pm Orop Int | 30 National Day for Truth and Reconcillation | 31 |

Right Here, Right Now drop-in counselling is available in person, zoom or by phone. Call or drop in before 4:15pm Let's Talk Series - Please email or calli to register & receive zoom link.



LAUNCHED and ... On The Go!

PLEASE JOIN US FOR

The Library on the Go Launch

An exciting mobile library project!

July 26, 2022 | 11:30 AM

Bannerman Park



Newfoundland and Labrador Public Libraries (NLPL) and the St. John's Public Libraries Board (SJPLB) has just launched Library On The Go, a beautifully wrapped mobile library van that will travel to parks, recreation centres, and sites across the city to deliver fun, free pop-up programs and library services for all ages.

Library On The Go is one way to expand the reach of the library, to decrease barriers to accessing library services, and reach out into underserved areas and groups within our city. Library On The Go will provide library cards for new users, carry a selection of books and promote library learning resources and services.

Follow the hashtag **#LibraryOnTheGoNL** for details on where to find Library On The Go this summer! This pilot project of the SJPL Board is supported by the City of St. John's and the hope is to collaborate with community groups and agencies throughout the city.

The SJPL Board is a volunteer community advisory board that provides input, advocacy and fundraising support to our city libraries. The board is thrilled to be able to fund this special initiative which would have no other source of dedicated funding. SJPLB and NLPL invite community partners to help grow this pilot project: through funding support, through strong outreach connections and with ideas to develop programs for the diverse neighbourhoods, groups, and communities across our city.

If you have an idea for a program or site for Library On The Go please please get in touch with the Library. Regional Outreach Librarian Emma Craig is a driver of this project - in every sense of the word. Emma can be contacted at the A C Hunter Library. Follow NLPL on Facebook, Twitter and Instagram for updates on the van. And when you see the Library On The Go van out and about, Come Say Hi!



Let's Get Digital Guide to the Good MASTERCLASS September 14, 2022

How Am I Doing, Digitally?

Tips and tools to measure and record your results with just a few clicks



Date: September 14th, 2022 Time: 7:00 pm to 8:15 pm





ARE YOU AN...

LGBTQIA+ NEWCOMER?

Are you looking for support and community? Join our Peer Support Group and Mentorship programs!



Programs for LGBTQIA+ Newcomers to Canada

Are you an LGBTQIA+ newcomer looking for support and community connection? Attend our Peer Support Group and/or participate in our Mentorship program! For more information, **click here to visit our website**

Both programs are **open to all LGBTQIA+ newcomers to Canada over 18 years old, regardless of immigration status**. This includes temporary residents, permanent residents, refugees, international students, new Canadian Citizens, etc.

Our next LGBTQIA+ Newcomer Peer Support Group meeting is **Sept 22 from 6:00-7:30pm**. This program will be held in-person at the YWCA St. John's office at **291 Water Street**, **Suite 302 (4th floor**, **above the Merchant Tayern restaurant)**.

Register by contacting **kimberly@ywcastjohns.ca / (709) 769-6649**, or by completing the **online registration form here**. Drop-ins are also welcome!

*LGBTQIA+: refers to sexual and gender minorities who identify as lesbian, gay, bisexual, transgender, queer/questioning, intersex, and/or asexual, and plus.







LGBTQIA+ NEWCOMER PEER SUPPORT

September 22, 6:00-7:30pm

291 Water Street Suite 302 (4th floor) St. John's

kimberly@ywcastjohns.ca (709) 769-6649

Funded by:

Financé par :



Immigration, Refugees and Citizenship Canada

Immigration, Réfugiés et Citoyenneté Canada







CONNEXTIONS

EMPLOYMENT PROGRAM

ARE YOU AN IMMIGRANT WOMAN READY TO EXPLORE WORKPLACE OPPORTUNITIES?

CONNEXTIONS is a 19 week employment program for newcomer women and gender-diverse folks ages 18+ facing difficulties entering the job market.

Participants will take part in 7 week virtual classroom learning, receive one-on-one support, and participate in a 12 week work placement.

Eligibility: Immigrant women and gender-diverse folks ages 18+ who are currently not studying, hold a work permit and are unemployed or underemployed.

TEMPORARY WORKERS WELCOMED

Email: ana@ywcastjohns.ca Call/Text: (709) 770-9634

Visit: www.ywcastjohns.ca/economic-security

COMMUNITY ENGAGEMENT

Neuropsychiatric Patients Association is starting up a free exercise/movement based activity program for people with neuropsychiatric conditions on Monday evenings!

Some of the instructors we have so far are for:

Yoga, Dance, Drumming, Basketball, Circus skills etc.
Instructors we would like to find would be for:

Tai chi/Qigong, Hunting/Fishing Snowshoeing, Hiking, Martial Arts,
Cycling, Various Sports, Low Intensity Aerobics, Birdwatching,
Gardening, Geocaching and more!

Please contact us at npanl@live.com, (709) 740-4794, or find us on Facebook!

Submit Your Events and Get Involved

Do you have an upcoming event the community should know about? Would you like us to highlight a successful program or initiative? Get in touch if you wish to have your organization's work or event included in our newsletter.

We send out a monthly newsletter, so please send your October updates by September 28, 2022

The St. John's LIP also has many opportunities for you to get involved. It is comprised of over 60 volunteers who participate through involvement on the Partnership Council or on one of our three working groups: **Welcoming** + **Wellness, Employment** + **Skilled Labour, and Education** + **Training** - we welcome your passion in one of these areas to help us uplift and empower our newcomer community.

Contact **<u>sgardner@stjohns.ca</u>** for more information or to get involved.

Follow us on Twitter @StJohnsLIP

tweets organized by Communications Dept of The City of St. John's - communications@stjohns.ca

Visit our website

<u>Unsubscribe immigration@stjohns.ca</u> <u>Update Profile |Constant Contact Data Notice</u>

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Try email marketing for free today!